DEPARTMENT OF DEFENSE
UNITED STATES SOUTHERN COMMAND
3511 NW 91st AVENUE
MIAMI, FL 33172-1217

REPLY TO THE
ATTENTION OF

SCCS

9 January 2006

POLICY MEMORANDUM 14-05

MEMORANDUM FOR SEE DISTRIBUTION

SUBJECT: United States Southern Command Policy Memorandum - Running on Local Roadways

1. References.

a. Department of Defense Instruction 6055.4, dated 19 July 1999

b. Army Regulation 385-10, Army Safety Program, dated 29 February 2000

2. Purpose. To establish a safety policy for USSOUTHCOM runners.

3. Applicability. This policy will pertain to USSOUTHCOM and tenant organizations.

4. Military personnel participating in group physical training will observe the following rules:

a. Road guards will be posted to the front and rear of the formation to alert vehicular traffic to formations presence. Road guards will be at least 25 meters ahead of and behind the formation. Road guards will wear reflective vests or belts and, during hours of darkness, will carry cone lights.

b. Runners must completely clear the roadways when emergency vehicles responding to an emergency, are approaching.

c. All personnel who are running in a formation during limited visibility, to include hours of darkness, will wear reflective vests or belts as part of their physical training uniform.

5. Individuals running on their own will observe the following rules:

a. **Run facing oncoming traffic** and yield to vehicular traffic prior to crossing roads.

b. All personnel will wear a reflective vest or belt while running during limited visibility to include hours of darkness. The vest or belt must be visible from the front and rear and unobstructed by clothing or equipment.

c. **Wearing headsets of any type is prohibited while on roadways**. Headsets may be worn while running on off-road track areas.

d. Runners must yield the right-of-way to all vehicles.

6. Roadways are designed for vehicular traffic. Sidewalks, running tracks, closed run routes, and open fields are recommended.

7. This policy will not apply to Morale, Welfare, and Recreation sponsored running events. Such events will be coordinated and planned to ensure the safety of all participants.

FOR THE COMMANDER:

KENNETH J. GLUECK, JR.
Brigadier General, U.S. Marine Corps
Chief of Staff, U.S. Southern Command

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